

ARE YOU SICK!

Your Resolution Should Be:

"I will Get Well the Mechano-Therapy Way"

Mechano-Therapy is a scientific method of finding the cause of disease in the spinal column (back bone), and correcting that cause by adjusting the vertebrae (segments) of the spine to eliminate any pressure on the nerves that pass out from the spinal cord to supply all parts of the body with nerve force (life). When this is done nature will make you well. Mechano-Therapy adjustments open the channels for nature to do her work.

Let us explain how Mechano-Therapy will make you well. No charge for consultation.



So-called headaches, eye diseases, deafness, epilepsy, vertigo, insomnia, wry neck, facial paralysis, locomotor ataxia and other inco-ordinations are caused by pressure on nerves at this point.

Pressure on nerves in this part of the spine is the cause of so-called throat trouble, neuralgia, pain in arms, goitre, nervous prostration, la grippe, dizziness, bleeding from nose, disorder of gums, catarrh and other so-called "diseases."

Pressure on nerves here will cause so-called bronchitis, felons, pain between the shoulder blades, hay fever, writers' cramp, and other troubles.

Nerve pressure at this point causes so-called nervousness, heart disease, asthma, pneumonia, tuberculosis, difficult breathing and other lung troubles.

So-called stomach and liver troubles, enlargement of the spleen, pleurisy and a score of other troubles are caused by pressure on nerves in this part of the spine.

At this point we find the cause of so-called gall stones, dyspepsia of upper bowels, fevers, shingles, lice, worms, and many other inco-ordinations.

Pressure on nerves at this point will cause so-called Bright's disease, diabetes, floating kidney, skin diseases, boils, eruptions and rheumatism.

Such troubles as so-called appendicitis, peritonitis, lumbago, etc., yield to Mechano-Therapy adjustments in this part of the spine.

Why have so-called constipation, rectal troubles, sciatica, etc., when adjustments at this part of the spine will eliminate the cause?

A slight displacement of one or both hip bones will produce so-called sciatica, together with many "diseases" of pelvis and lower extremities.

DR. W. J. WOOD, M. T.

For any of these ailments, or that dreaded pain in the side and back, see I SPECIALIZE IN CHRONIC DISEASES OF THE HUMAN BODY. TEN YEARS EXPERIENCE. I HAVE ALWAYS BEEN ABLE TO GIVE RELIEF.

402 North Greenwood Street, TULSA, OKLAHOMA.

Local and Social News

G. F. Gabe, prominent republican leader locally, has returned home after an enjoyable visit to Oklahoma City.

North Greenwood now has a doughnut factory in the Gist building and Miss Young, who has charge, promises to make the doughnuts so appetizing that no customer will mind the hole in them.

Quite a large delegation of Tulsa fight fans were in Muskogee last Monday to attend the Langford-Thompson contest. Jack, Tulsa's favorite, was back in town Wednesday, looking as fresh and fair as a spring daisy.

Mr. J. B. Stradford, owner of the Stradford Hotel at 301 N. Greenwood street returned last week from Hot Springs, Ark., where he had been the past two weeks taking baths.

Mr. and Mrs. Tom Traylor, well known business people of Oklahoma City, were pleasant callers at the Stradford Hotel Wednesday.

Mrs. Sarah Richards of Oklahoma City will be a weekend guest of her mother, Mrs. Katie Roynce.

Mrs. Ruth Mayes has returned home to stay after a four month's visit in Chicago. Mrs. Mayes says she likes Chicago fine, but was longing for good old Tulsa all the time.

Attorney Walter J. Conway, a postal clerk, was seized with double pneumonia and despite all efforts of his physicians, he succumbed. Mr. Conway, a Mississippian by birth, was universally admired on account of his affable and kind disposition.

Mrs. DeWitt Woodard the little daughter of Mrs. Sallie Dillard 501 North Hartford, has returned to Chicago, where she joined her husband at 4226 Indiana Avenue.

Rev. C. R. Tucker was visited last week by that popular A. M. E. pastor, the Rev. L. E. Nelson of Claremore. Things will now begin to pick up in Rev. Tucker's campaign for bishop, as the Rev. Nelson is a born campaigner.

Attorney R. Emmett Stewart, G. M. of Masons, Oklahoma jurisdiction, was a pleader in the superior court here last Monday in a case in which the Welcome Grocery Co., and Smith Building were interested.

Property to the value of \$4000.00 on North Frankfort changed ownership last week, and Mr. Everett Brown, our well known restaurant man, is being congratulated on his wise and safe investment.

The leading Colored physicians of Oklahoma are expected to be in

Tulsa during the annual Oklahoma Medical Convention soon to be held in Tulsa. Our local physicians are arranging to give the visitors a warm reception.

SAMPSON DREW VISITS TULSA



Mr. Sampson Drew, the nationally known detective expert, now associated with the Muskogee Electric Traction company, was in Tulsa Wednesday and called on his old friend, the publisher of the Star. Mr. Drew is taking a treatment of baths at Claremore and says he is gaining health and strength therefrom.

WANTED—To buy and sell turkeys, chickens, geese, guineas, eggs, butter, hides, and furs. 908 North Greenwood st. Phone 452 Tulsa, Okla.

C. C. Curry, Manager.

Hon. P. B. J. Hudson, prominent citizen of Muskogee, was a visitor in Tulsa yesterday. Mr. Hudson is one of the noted Race men of Oklahoma and always finds a welcome among his friends in this city.

Mrs. Velma Riley, a popular Muskogee woman who is temporarily located in this city, is reported on the sick list in the Stradford hotel.

CORBETT TO ADDRESS KANSAS CITY ELKS

Our popular young leader, the Hon. C. E. Corbett is announced to address the Colored Elks of Kansas City, Mo., tomorrow, April 11. Attorney Corbett is at head of the Tulsa organization and his conferees and many friends are confident he will charm his auditors with his matchless eloquence.

BAPTIST CREEK BOARD MEETS IN TULSA

An important meeting of the Executive Board of the Baptist Creek District Association was held here

minent Baptists to the city. The collection of the quota allotted to this last week and attracted many pro-association was discussed and provided for. Among those present were Mrs. Josephine Marsh and W. V. Gentry of Muskogee, Rev. W. A. Robinson, Rentiesville; and Rev. B. L. Barber, Red Bird, who as the president of the Sunday School Convention, has issued a circular calling upon all Sunday school superintendents to contribute in making up their quota.

Woman Leaves Bed to Vote For Hubbard

Had Herself Carried in Chair to the Polls to Vote Democratic Ticket.

One of the most unusual and remarkable incidents of election day was the casting of a straight democratic ticket at the voting booth in Tulsa in the Red Wing Hotel building by a Colored woman, who had been brought down a flight of stairs and across the street in an invalid's chair. Mrs. Marshall, who is the principal figure in this election day episode, is one of Tulsa's best known residents, and has her home in one of the handsome suites of the hotel in the Dreamland Theatre building. Mrs. Marshall has been a sufferer for some time and has been more or less confined to her apartments. Nevertheless she has had a keen interest in the political campaign which ended last Tuesday in the election of Judge Evans as the next mayor of Tulsa. After giving the claims of all the contestants the proper consideration, Mrs. Marshall had made up her mind to cast her ballot for the re-election of Mayor Hubbard and his efficient administration. On election day, despite the fact that she was physically unable to make the trip down stairs and across the street, she determined to cast her vote anyhow. So she made arrangements for several men to carry her in an invalid chair to the polls, and when she got there, she voted the straight democratic ticket and heaved a sigh of relief and satisfaction. The voting of Mrs. Marshall in an invalid chair created considerable excitement at the polls.

Jones Murder Case Up in Court of Appeals

No Decision Reached by Criminal Court of Appeals.

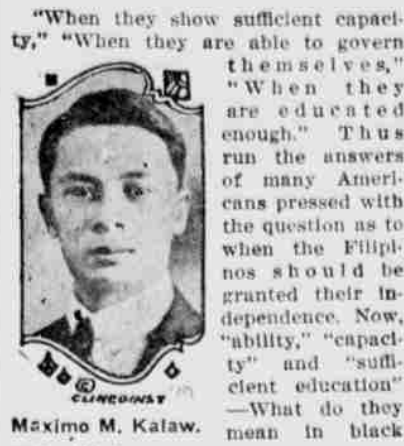
OKLAHOMA CITY, Okla., Apr. 9.—Oral argument was heard today by the criminal court of appeals in the case of Xenophon Jones, Colored, sentenced to 25 years in the penitentiary for the murder of a white man in Muskogee two years ago. No decision was reached.

Mr. S. P. Parish is on the sick list.

FILIPINOS WANT AMERICA TO GIVE INDEPENDENCE

Maximo M. Kalaw Declares U. S. Cannot Consistently Refuse "Self-Determination."

By MAXIMO M. KALAW, Secretary of the Philippine Mission, Author "The Case for the Filipinos," "Self-Government in the Philippines," etc.



Maximo M. Kalaw.

Senator Shogun may think no people is capable of self-government that does not establish the judicial recall, or that has no Billy Sunday. John Smith of Somerville may think no people is capable of self-government that does not vote his democratic ticket, or go to church on Sundays.

"Capacity for self-government" is as broad and elastic as the world, and if that should be the criterion for the granting of Philippine independence, America might as well say to the Filipinos, "I will give you independence when it pleases me to do so."

Fortunately, the American promise to the Philippines is not based on such obscure and abstract conditions. It is based on a definite, tangible thing. When America, through her Congress, officially told the Filipino people that they would be granted their independence as soon as they could establish a stable government, no abstract or obscure condition was meant. Stable government, according to American usage, means a certain, definite thing.

The United States promised the Cubans the same thing, that "when they have established a stable government, then American troops would be withdrawn." As soon as the Cuban people elected a government suited to themselves, capable of maintaining order and fulfilling all international obligations, there was a stable government in Cuba, and American troops were withdrawn.

When Congress passed the Jones law, it simply borrowed the phrase "stable government" from the Cuban history and applied it to the Philippines. The history of Philippine legislation shows that in black and white. With full knowledge of what it meant, the Filipino people accepted the Jones law and immediately began setting up the stable government required by Congress as a pre-requisite to independence. The stable government is now a fact. It is indeed more than that; it is an undisputed fact.

The official representative of the United States in the Philippine Islands, the Governor General, reported to the American Congress and the administration that "the Filipino people have established the stable government demanded by Congress as a pre-requisite for the granting of independence—namely, a government elected by the suffrage of the people, which is supported by the people, which is capable of maintaining order and of fulfilling its international obligations."

The Philippine question is therefore no longer a question of politics, argument or supposition. To the Philippine mind, at least, it is now a question of whether the United States is ready to discharge its own obligations fully and completely. America went before the world in the recent war as the avowed champion of "self-determination" and Filipinos cannot see how America can consistently refuse to act.

The Filipino people, however, have no grudge or grievance against the American people. Theirs is a message of friendship and gratitude. They seek independence as the natural and logical outcome of America's policy in the islands and of America's solemn promise to them. They come willing to give privileges and concessions not incompatible with their national welfare.

The Filipino people are willing to accept independence under any of the following conditions: Under a League of Nations, guaranteeing its territorial integrity; under the protectorship of the United States for the first few years; under a treaty of neutrality between the United States, England, Japan, France and other powers, or even without any condition whatever—absolute and complete independence. They have no fear of Japan. Philippine independence, in our opinion, is not inimical to Japanese interests. The Japanese are now free to come to the Philippines, but at the present time there are less than 10,000 Japanese in the islands. There are six times as many Japanese in California as there are in the entire Philippine Archipelago.

The Filipinos are willing to take their chance as a nation. Smaller nations beset by graver problems and dangers have taken a more hazardous chance at freedom, and have succeeded.

CLARK WOMAN RELEASED ON BOND

Woman's Physical Condition Moves Court to Leniency.

Mrs. Mattie Clark who two weeks ago shot and killed her mother-in-law, Mrs. Elvora Hurst, was allowed bail in the sum of \$5000, Thursday following a hearing in habeas corpus action brought before Judge Redmond S. Cole to obtain the woman's release.

Witnesses testified that the woman was in a delicate state of health.

Mrs. Clark explained in her petition to the court that after receiving a beating at the hands of her husband and mother-in-law the night before the shooting, she was not responsible for acts which she committed later.

The law firm of Saddler and Corbett are attorneys for the woman.

Race Man Appointed Justice of The Peace

E. L. Saddler Named By County Commissioners to Fill Vacancy.

At a meeting of the County Commissioners, Monday, Hon. E. J. Saddler, a local lawyer was named as Justice of the Peace to fill a vacancy in one of the four justice offices in this city.

Mr. Saddler is well known not only in Tulsa, but throughout the state and his appointment is generally regarded with favor among members of the Race in Tulsa.

The appointment of Mr. Saddler is another recognition the Race has received at the hands of the democrats of this county and is in keeping with the well known policy of that party in this county in giving just recognition to our Group. Mr. Saddler is a staunch democrat and a good lawyer.

WHY—Be without music in your home when you can buy a Portophone for \$37.50 cash, \$40.00 terms. The Portophone is a small phonograph which folds up in a compact case you can carry in your hand, and weighs only 19 pounds. Plays all make records and plays them well. See them at our store.

MANION-NESS PIANO CO. 215 S. Cincinnati Ave.

National Woman's Suffrage has been ratified by thirty-five states, and only one more ratification is necessary for the amendment to go into effect. Within the last week both Delaware and Mississippi legislatures refused to ratify this suffrage amendment. The Governor of Connecticut has refused to call an extra or special session to take this matter up.

MUSKOGEE'S LITTLE GIANT MISJUDGES THE STAR

Muskogee Correspondent Had No Intention of Throwing Bricks But Boquets.

(Star News Service).

MUSKOGEE, Apr. 9.—The correspondent of the Tulsa Star, as he learns from the Editor, is charged with unmerited criticism of the Rev. S. S. Jones, pastor of Antioch Baptist Church, this city, in an article recently appearing in columns of this journal. Replying thereto the Correspondent denies this implication and states that the Rev. S. S. Jones has no better friend than said Correspondent, a fact which could easily be established. The aim of the Correspondent was merely to show not only Rev. Jones, but the public as well, how those of this Group who labor the hardest and most faithfully for the uplift of the Race, just as Muskogee's "Little Giant" is doing and has always done, are subject to criticisms from sources, some times the least to be suspected as inimical. However, the Correspondent so far as he personally knows, is glad to assure Star readers that the Rev. S. S. Jones is still achieving great success in his religious work, and so far as his congregations are concerned, both here and at Okmulgee, there is but one pastor in the U. S. for them and his name is Rev. S. S. Jones.

(A. N. P. Service).

Columbia, S. C., Apr. 10.—The annual convention of teachers in the Colored school closed last week after holding one of the best sessions in the history of the association, according to statements from teachers who have been attending the meetings for a number of years. The teachers are in earnest about improving their schools, scholarships, character of teaching and better salaries.

(A. N. P. Service).

Washington, D. C., Apr. 10.—Collection of funds to make up the required sum of \$25,000 for maintenance of the Y. W. C. A. building for the Colored branch of that service will continue this week, the subject of the Y. W. C. A. work having been given special attention in many churches. The building at 9th and Rhode Island avenue is going up rapidly, funds for the construction having been appropriated by the war work council of the association during 1918.

NEW YORK, April 5.—Resolutions hailing the defeat of the "iniquitous peace treaty and league of nations as a renewal of the declaration of American independence" urging recognition of the Irish republic by the United States, and denouncing English rule in Ireland, were adopted at a mass meeting here last night under the auspices of the Clan-Na-Gael. President Eamon de Valera of the "provisional Irish republic," was the principal speaker, and addresses were made by Supreme Court Justice Daniel F. Cohalan and Edward J. Gavegan.



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J. R. GARRETT, Supt.
N. D. RUSSELL, Asst. Supt.
W. H. OWENS, Agent.

Agents Wanted in every City in the State. Home Office Lugrand Building, Rooms No. 192, Second Floor, Boley, Okla.

E. L. LUGRAND, President.
A. W. WARD, Vice President.
W. A. KENNEDY, Sec'y and General Manager.